## At Home Organic Farms is attending the Healthy Living Show

## Helping to support healthy living in our community

TORONTO, 18 May 11— At Home Organic Farms (AHOF) is excited to announce they will be attending the Healthy Living Show on June 5, 2011 at The North Thornhill Community Centre in Thornhill Woods. AHOF will be showcasing its gardens (a smaller scale version) and items from its general store. AHOF joins more than 50 hand-picked local vendors who support healthy living initiatives.

AHOF believes strongly in healthy living that is both community and green based. AHOF continually takes steps to lower its carbon footprint in everything that they do. AHOF is looking forward to speaking with people about healthy living choices and of course, a home organic farm!

## **About The Healthy Living Show**

The Healthy Living Show was launched in September 2010 by Rhonda Shulman, a Nutritionist with over 20 years of experience in the health industry. The event brings vendors that support healthy living together in one place. "It's going to be a great event, with lots of free parking, free admission, and everyone gets a reusable goodie bag just for attending."

## **About At Home Organic Farms**

At Home Organic Farms (AHOF) is Ontario's most comprehensive vegetable garden supplier and service company. AHOF will build, service, and harvest private vegetable gardens for homes, schools, and businesses.



AHOF is privately owned, dedicated to quality and helping develop a greener more sustainable city. For more information on AHOF's products and services, please visit <a href="www.athomeorganicfarms.com">www.athomeorganicfarms.com</a>

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